

Signature Box

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 4.5 lb. (avg.) Perdue Whole Chicken
- 28 oz. Fully Cooked Sliced Meatloaf with Home-style Tomato Sauce
- 2 lb. Lasagna with Meat Sauce
- 1 lb. Lean Ground Beef
- 1.5 lb. Hamburger Patties with Cheese in center (4 x 6 oz.)
- 12 in. Supreme Pizza
- 1 lb. All Meat Hot Dogs
- 2 lb. Frozen Vegetables (Green Beans, Mashed Potatoes, Corn or Peas with Carrots)
- 1 lb. Baby Carrots
- 15 oz. Baked Beans
- 6.5 oz. Skillet Meal Helper
- 1 head Cabbage
- 11 oz. (min. wt.) Breakfast Cereal
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\$30.00

Fast and Flavorful Cuisine

New & Improved!

More Food!

Convenience meals great for seniors and people living with diabetes!

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals - just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Fish Sticks** with a Rice/Bean Blend, Broccoli and Carrots
- Boneless Pork Patty** with BBQ Sauce, Sweet Potatoes and Peas with Carrots
- Red Beans and Rice** with Smoked Sausage (made with Pork), Carrots and Brussels Sprouts
- Meat Lasagna** with Carrots and Green Beans
- Chicken Parmesan** with Spaghetti, Corn/Red Pepper Blend and Zucchini
- Roasted Chicken** with Red Wedge Potatoes, Lima Beans and a Carrot/Celery Blend
- Country Fried Steak** with Gravy and Red Wedge Potatoes, Corn and Green Beans
- Salisbury Steak & Gravy** with Red Wedge Potatoes, a Green Pea/Carrot Blend and Brussels Sprouts
- Swedish Meatballs** with Noodles, Yellow Squash with Onions and Brussels Sprouts
- Country Herb Chicken** with Mashed Potatoes, Green Peas and a Lima Bean/Red Pepper Blend

\$28.00

5 lb. Allergen-Free Food Box

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Chicken Tenders
- 1 lb. Breaded Cubed Steak
- 2 lb. Breaded Chicken Drumsticks

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

\$23.00

Just 4 Me – After School Box

\$24.00

An assortment of child-friendly snacks. Great for after school or any time.

- 1.5 lb. Fish Sticks
- 1.5 lb. Mini Corn Dogs
- 1 lb. Popcorn Chicken
- 2 6.5 oz. Pepperoni Pizza
- 2 2.8 oz. Peanut Butter and Jelly Jamwiches
- 14 oz. Stuffed Breadsticks
- 7.2 oz. Mini Moon Pies (6 ct.)
- 2 3.7 oz. Twin Charbroil Hamburgers with Cheese
- 2 2.2 oz. PBJ on Graham Wafer

Just 4 Me – After School Fruit & Veggie Box

\$16.00

An assortment healthy fruit snacks especially for kids.

- | | |
|-----------------------------|------------------------|
| 3 Red Delicious Apples | 3 Granny Smith Apples |
| 1 (6 ct.) Caramel Apple Dip | 3 Pears |
| 3 Navel Oranges | 1 (6 ct.) Raisins |
| 1 (8 oz.) Trail Mix | 1 (1 lb.) Mini Carrots |
| 4 Chewy Granola Bars | |

JULY SPECIAL #1

Steak Grill Box (4.5 lb.)

\$23.00

- 2.5 lb. Ribeye Steaks (4 x 10 oz.)
- 2 lb. Sirloin Strip Steaks (4 x 8 oz.)

JULY SPECIAL #2

Assorted Grill Box (6.5 lb.)

\$22.00

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 2 lb. Chopped Beef Steaks (4 x 8 oz.)
- 2 lb. Boneless Pork Steaks (4 x 8 oz.)
- 1 lb. Chicken Sausage

JULY SPECIAL #3

IQF Chicken Breast Box (10 lbs.)

\$21.00

- 10 lbs. IQF Chicken Breasts

JULY SPECIAL #4

Premium Fresh Fruit and Veggie Box

\$21.00

- 3 lb. bag Idaho Potatoes
- 1 head California Cello Lettuce
- 1 lb. Plums
- 1 (16 oz.) Salad Dressing
- 1 (5 oz.) Salad Croutons
- 4 ears Fresh Yellow Corn
- 2 lb. bag Yellow Onions
- 1 Large Cantaloupe
- 1 Large Honey Dew Melon
- 1 lb. California Cello Carrots
- 4 Lemons
- 1 Golden Ripe Pineapple
- AFM July 2010 Fruit and Veggie Recipe Sheet



JULY SPECIAL #5

Bit O' Blessing Box

\$21.00

- 3 lb. Split Cornish Hens
- 2.5 lb. IQF Split Chicken Breasts
- 1 lb. Smoked Sausage
- 1.5 lb. Country Fried Steak
- 1 lb. Broccoli Florets
- 1.3 lb. Frozen Fruit Medley Dessert

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

Please note that some host sites have earlier order deadlines. Please contact your local host site for information. Visit our website to locate a host site near you

Orders Due/Distribution Day: Contact Your Local Host Site*

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www.angelfoodministries.com*

<u>PRODUCT</u>	<u>QTY</u>	<u>PRICE</u>	<u>TOTAL</u>
Signature Box		\$30	
Convenience Box		\$28	
Allergen-free		\$23	
After School Box		\$24	
After School Fruit Box		\$16	
Special 1		\$23	
Special 2		\$22	
Special 3		\$21	
Special 4		\$21	
Special 5		\$21	
<u>GRAND TOTAL</u>			

Name _____

Address _____

Phone _____

Email _____

I understand if I do not pick up my order in the designated time frame it will be given as a donation

Signature _____

Please make checks payable to Brushwood UMC.

Please DO NOT staple your payment to the order form.

So...How Do I Order???

Easy! There are 3 different ordering options. You can...

1. Drop it off..

July 16th – Orders taken at Trinity UMC We will be taking orders at Trinity UMC (107 E. Angelica St.) from 1:30-3:30pm. Please use the Angelica St. entrance.

May 8th – Orders taken at Brushwood UMC We will be taking orders at Brushwood UMC from 10am-1pm.

2. Mail it in...

July 17th – Mail Ordering Deadline If you are ordering by mail, please include a self addressed stamped envelope. Send your order to Brushwood UMC (5474 W. 200 N. Rensselaer, IN 47978)

OR

3. Order Online!

July 21st – Online Ordering Deadline Order online at www.angelfoodministries.com for a \$2 convenience fee. Online ordering ends at 1:00pm.

Regardless of ordering method, you will receive your food at the below time & date!

July 31st – Angel Food Distribution ! Come to Brushwood from 9am to 11am to pick up your order. Please bring a box or basket to carry your order in.

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